

# Fixed Hour Prayer 2020

## Wednesday

**The Office of Midnight** To be observed between 10:30 p.m. and 1:30 a.m.

### ***The Call to Prayer***

The Lord is great in Zion; He is exalted over all the peoples. Let them praise your great and awesome name. Holy is He! (Psalm 99: 2-3)

### ***The Request for Presence***

Let my prayer be counted as incense before you, and the lifting up of my hands as an evening sacrifice. (Psalm 141:2)

### ***The Greeting***

Blessed are the peacemakers, for they will be called children of God. (Matthew 5:9)

### ***The Psalm***

There are many who say, "O that we might see some good! Let the light of your face shine on us, O Lord." You have put gladness in my heart more than when their grain and wine abound. I will both lie down and sleep in peace; for you alone, O Lord, make me lie down in safety. (Psalm 4: 6-8)

### ***The Gloria***

Glory to God in the highest and peace to God's people on earth.

### ***The Small Verse***

God said, "This is the sign of the covenant that I make between me and you and every living creature that is with you, for all future generations: I have set my bow in the clouds, and it shall be a sign of the covenant between me and the earth. When I bring clouds over the earth and the bow is seen in the clouds, I will remember my covenant that is between me and you and every living creature of all flesh; and the waters shall never again become a flood to destroy all flesh. When the bow is in the clouds, I will see it and remember the everlasting covenant between God and every living creature of all flesh that is on the earth." God said to Noah, "This is the sign of the covenant that I have established between me and all flesh that is on the earth." (Genesis 9: 8-17)

### ***The Final Thanksgiving***

(Isaiah 55:6)

Seek the Lord while He may be found, call upon Him while He is near.

### ***The Petition***

May the Lord God, Father of grace and mercy, grant all who dwell here a peaceful night and a perfect end. Amen.

### **The Office of Night Watch**

To be observed between 1:30 and 4:30 a.m.

### ***The Call to Prayer***

Oh, praise the Lord, all you servants of the Lord, you who serve at night in the house of the Lord. Lift up holy hands in prayer, and praise the Lord. May the Lord, who made heaven and earth, bless you from Jerusalem. (Psalm 134)

### ***The Request for Presence***

How beautiful upon the mountains are the feet of the messenger who announces peace, who brings good news, who announces salvation, who says to Zion, "Your God reigns." (Isaiah 52:7)

### ***The Refrain for the Night Watch***

Out of the depths I cry to you; O Lord God, hear me calling. Incline your ear to my distress in spite of my rebelling. (ELW #600)

### ***The Prayer***

(Psalm 71:17-19)

O God, from my youth you have taught me, and I still proclaim your wondrous deeds. So even to old age and gray hairs, O God, do not forsake me, until I proclaim your might to all the generations to come. Your power and righteousness, O God, reach to the heavens. You who have done great things, O God, who is like you?

### ***The Thanksgiving***

*Nunc Dimittis*

Now Lord, let your servant go in peace: your word has been fulfilled. My own eyes have seen the salvation which you have prepared in the sight of every people; a light to reveal you to the nations and the glory of your people Israel.

### ***The Final Petition***

Now guide me waking, O Lord, and guard me sleeping; that awake I may watch with Christ and asleep, I may rest in peace. Amen.

### **The Office of Dawn**

To be observed between 4:30 and 7:30 a.m.

### ***The Call to Prayer***

(Psalm 148: 1-2)

Praise the Lord! Praise the Lord from the heavens; praise Him in the heights! Praise Him, all His angels; praise Him, all His host!

### ***The Request for Presence***

(Psalm 106:47)

Save us, O Lord our God, and gather us from among the nations, that we may give thanks to your holy name and glory in your praise

### ***The Greeting***

Glory be to the Father and to the Son and to the Holy Spirit. As it was in the beginning, is now, and ever shall be. World without end. Amen.

### ***Morning Hymn***

ELW #886

Oh, for a thousand tongues to sing my great Redeemer's praise, the glories of my God and king, the triumphs of His grace.

My gracious Master and my God, assist me to proclaim, to spread through all the earth abroad the honors of your name.

### ***The Psalm***

The mighty one, God the Lord, speaks and summons the earth from the rising of the sun to its setting. Out of Zion, the perfection of beauty, God shines forth. (Psalm 50:1)

### ***The Small Verse***

Of John the Baptist, his father, Zechariah, prophesied "And you, child, will be called the prophet of the Most High; for you will go before the Lord to prepare His ways, to give knowledge of salvation to His people by the forgiveness of their sins. By the tender mercy of our God, the dawn from on high will break upon us, to give light to those who sit in darkness and in the shadow of death, to guide our feet into the way of peace." (Luke 1: 76-79)

### ***The Lord's Prayer***

Our Father, who art in heaven; hallowed be thy name. Thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil, for thine is the kingdom and the power and the glory, forever and ever. Amen.

### ***The Blessing***

Beloved, let us love one another, because love is from God; everyone who loves is born of God and knows God. (1 John 4:7)

### **The Morning Office**

To be observed between 6 and 9 a.m.

#### ***The Call to Prayer***

(Psalm 51:15)

O Lord, open my lips. And my mouth shall declare your praise!

#### ***The Request for Presence***

(Psalm 119:145)

I pray with all my heart; answer me, Lord! I will obey your decrees.

#### ***The Greeting***

(Psalm 122:8)

For the sake of my family and friends, I will say, "May you have peace."

#### ***The Refrain for the Morning Lesson***

The Lord is King! He is robed in majesty. Indeed the Lord is robed in majesty and armed with strength. The world stands firm and cannot be shaken. (Psalm 93:1)

#### ***A Reading***

Rejoice, O people of Zion! Shout in triumph, O people of Jerusalem! Look, your king is coming to you. He is righteous and victorious, yet he is humble, riding on a donkey—riding on a donkey's colt. I will remove the battle chariots from Israel and the warhorses from Jerusalem. I will destroy all the weapons used in battle and your king will bring peace to the nations. (Zechariah 9:9-10b)

#### ***The Refrain for the Morning Lesson***

The Lord is King! He is robed in majesty. Indeed the Lord is robed in majesty and armed with strength. The world stands firm and cannot be shaken. (Psalm 93:1)

### ***The Morning Psalm***

O my people, listen to my instructions Open your ears to what I am saying, for I will speak to you in a parable I will teach you hidden lessons from our past—stories we have heard and known, stories our ancestors handed down to us. We will not hide these truths from our children; we will tell the next generation about the glorious deeds of the Lord, about His power and His mighty wonders. (Psalm 78:1-4)

### ***The Gloria***

Glory be to the Father and to the Son and to the Holy Spirit. As it was in the beginning, is now, and ever shall be. World without end. Amen.

### ***The Lord's Prayer***

Our Father, who art in heaven; hallowed be thy name. Thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil, for thine is the kingdom and the power and the glory, forever and ever. Amen.

### ***The Prayer of the Day***

by St. Francis of Assisi

Lord, make us instruments of your peace. Where there is hatred, let us sow love; where there is injury, pardon; where there is discord, union; where there is doubt, faith; where there is despair, hope; where there is darkness, light; where there is sadness, joy. Grant that we may not so much seek to be consoled as to console; to be understood as to understand; to be loved as to love. For it is in giving that we receive; it is in pardoning that we are pardoned; and it is in dying that we are born to eternal life. Amen.

### ***Concluding Prayer***

God our Father, your Son, Jesus, prayed that His followers might be one. Make all Christians one with Him as He is one with you, so that in peace and concord we may carry to the world the message of your love, through Jesus Christ our Savior and Lord. Amen.

## **The Midday Office**

To be observed between 11 a.m. and 2 p.m.

### ***The Call to Prayer***

Blessed be the God and Father of our Lord Jesus Christ! By His great mercy He has given us a new birth into a living hope through the resurrection of Jesus Christ from the dead. (1 Peter 3: 3)

### ***The Request for Presence***

You are indeed my rock and my fortress; for your name's sake lead me and guide me, take me out of the net that is hidden for me, for you are my refuge. (Psalm 31:3-4)

### ***The Greeting***

I will sing of your steadfast love, O Lord, forever; with my mouth I will proclaim your faithfulness to all generations. (Psalm 89:1)

### ***The Refrain for the Midday Lesson***

Yet, O Lord, you are our Father; we are the clay, and you are our potter; we are all the work of your hand. (Isaiah 64:8)

### ***A Reading***

Awe came upon everyone, because many wonders and signs were being done by the apostles. All who believed were together and had all things in common; they would sell their possessions and goods and distribute the proceeds to all, as any had need. Day by day, as they spent much time together in the temple, they broke bread at home and ate their food with glad and generous hearts, praising God and having the goodwill of all the people. And day by day the Lord added to their numbers those who were being saved. (Acts of the Apostles 2:43-47)

### ***The Refrain for the Midday Lesson***

Yet, O Lord, you are our Father; we are the clay, and you are our potter; we are all the work of your hand. (Isaiah 64:8)

### ***The Lord's Prayer***

Our Father, who art in heaven; hallowed be thy name. Thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil, for thine is the kingdom and the power and the glory, forever and ever. Amen.

### ***The Prayer of the Day***

by St. Francis of Assisi

Lord, make us instruments of your peace. Where there is hatred, let us sow love; where there is injury, pardon; where there is discord, union; where there is doubt, faith; where there is despair, hope; where there is darkness, light; where there is sadness, joy. Grant that we may not so much seek to be consoled as to console; to be understood as to understand; to be loved as to love. For it is in giving that we receive; it is in pardoning that we are pardoned; and it is in dying that we are born to eternal life. Amen.

### ***Concluding Prayer of the Church***

O give thanks to the Lord, for He is good; for His steadfast love endures forever. (Psalm 107:1)

### **The Vespers Office**

To be observed between 5 p.m. and 8 p.m.

### ***The Call to Prayer***

(Psalm 100:2)

Worship the Lord with gladness; come into His presence with singing.

### ***The Request for Presence***

(Psalm 113:2-3)

Blessed be the name of the Lord from this time on and forevermore. From the rising of the sun to its setting the name of the Lord is to be praised.

### ***The Greeting***

The home of God is among mortals. He will dwell with them; they will be His peoples, and God Himself will be with them. (Revelation 21:3)

### ***The Hymn***

ELW #856

O Lord my God, when I in awesome wonder consider all the works thy hand hath made, I see the stars, I hear the mighty thunder, thy power throughout the universe displayed: Then sings my soul, my Savior God to thee, how great thou art! How great thou art! Then sings my soul, my Savior God to thee, how great thou art! How great thou art!

When Christ shall come, with shout of acclamation, and take me home, what joy shall fill my heart! Then I shall bow in humble adoration and there proclaim, "My God, how great thou art!" Then sings my soul, my Savior God to thee, how great thou art! How great thou art! Then sings my soul, my Savior God to thee, how great thou art! How great thou art!

### ***The Refrain for the Vespers Lesson***

I have fought the good fight, I have finished the race, I have kept the faith. (2 Timothy 4:7)

### ***The Vespers Lesson***

“Very truly, I tell you, unless a grain of wheat falls into the earth and dies, it remains just a single grain; but if it dies, it bears much fruit. Those who love their life lose it, and those who hate their life in this world will keep it for eternal life. Whoever serves me must follow me, and where I am, there will my servant be also. Whoever serves me, the Father will honor.” (John 12: 24-26)

### ***The Refrain for the Vespers Lesson***

I have fought the good fight, I have finished the race, I have kept the faith. (2 Timothy 4:7)

### ***The Lord's Prayer***

Our Father, who art in heaven; hallowed be thy name. Thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil, for thine is the kingdom and the power and the glory, forever and ever. Amen.

### ***The Prayer of the Day***

by St. Francis of Assisi

Lord, make us instruments of your peace. Where there is hatred, let us sow love; where there is injury, pardon; where there is discord, union; where there is doubt, faith; where there is despair, hope; where there is darkness, light; where there is sadness, joy. Grant that we may not so much seek to be consoled as to console; to be understood as to understand; to be loved as to love. For it is in giving that we receive; it is in pardoning that we are pardoned; and it is in dying that we are born to eternal life. Amen.

### ***Concluding Prayer of the Day***

Peace be to the whole community, and love with faith, from God the Father and the Lord Jesus Christ. Grace be with all who have undying love for our Lord Jesus Christ. Amen. (Ephesians 6:23-24)



## **The Office of Compline**

To be observed before bedtime

### ***The Call to Prayer***

Lord Jesus since you love me, now spread your wings above me and shield me from alarm. Though evil would assail me, your mercy will not fail me; I rest in your protecting arm. (ELW #568)

### ***The Request for Presence***

Lord, you are gracious and full of compassion, slow to anger and abounding in steadfast love. (Psalm 145:8)

### ***The Confession***

O God, you are always true to us in love and we are left wanting to say we are sorry for our faithlessness to you and to one another, for forgetting the poor and the broken, for our failure to cherish creation. Give us life, O God, to change and enable us to change, that we may live.

### ***The Forgiveness***

May God forgive you, Christ renew you, and the Spirit enable you to grow in love. Amen. (*Iona Abbey Worship Book*)

### ***The Reading***

Though the fig tree does not blossom, and no fruit is on the vines; though the produce of the olive fails, and the fields yield no food; though the flock is cut off from the fold, and there is no herd in the stalls; yet I will rejoice in the Lord; I will exult in the God of my salvation. God, the Lord, is my strength; He makes my feet like the feet of a deer, and makes me tread upon the heights. (Habakkuk 3:17-19)

### ***The Gloria***

Glory to God in the highest and peace to God's people on earth.

### ***The Small Verse***

I will recount the gracious deeds of the Lord, the praiseworthy acts of the Lord, because of all that the Lord has done for us, and the great favor to the house of Israel that He has shown them according to His mercy, according to the abundance of His steadfast love. (Isaiah 63:7)

### ***The Lord's Prayer***

Our Father, who art in heaven; hallowed be thy name. Thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil, for thine is the kingdom and the power and the glory, forever and ever. Amen.

### ***The Petition***

Dearest Jesus, as a hen covers her chicks with her wings to keep them safe, protect us this night under your golden wings; for your mercy's sake. Amen. (ELW p. 86)

### ***The Final Thanksgiving***

Almighty and merciful God: Father, Son, and Holy Spirit, bless, preserve, and keep us this night and forevermore. Amen. (ELW p. 327)

