

Fixed Hour Prayer 2020

Tuesday

The Office of Midnight To be observed between 10:30 p.m. and 1:30 a.m.

The Call to Prayer

I will sing to the Lord as long as I live; I will sing praise to my God while I have my being. (Psalm 104: 33)

The Request for Presence (Isaiah 40: 28b-29)

The Lord is the everlasting God, the Creator of the ends of the earth. He does not faint or grow weary; His understanding is unsearchable. He gives power to the faint, and strengthens the powerless.

The Greeting

Our Father, may your kingdom come on earth as in heaven.

The Psalm (Psalm 91: 1-4)

You who live in the shelter of the Most High, who abide in the shadow of the Almighty, will say to the Lord, “My refuge and my fortress; my God, in whom I trust. He will deliver you from the snare of the fowler and from the deadly pestilence; He will cover you with His pinions, and under His wings you will find refuge; His faithfulness is a shield and buckler.

The Gloria

Glory to God in the highest and peace to God’s people on earth.

The Small Verse

Jesus told His disciples to have a boat ready for Him because of the crowd, so that they would not crush Him; for He had cured many, so that all who had diseases pressed upon Him to touch Him. Whenever the unclean spirits saw Him, they fell down before Him and shouted, “You are the Son of God!” But He sternly ordered them not to make Him known. (Mark 3: 9-12)

The Final Thanksgiving

No longer shall they teach one another, or to say to each other, “Know the Lord,” for they shall all know me, from the least of them to the greatest,

says the Lord; for I will forgive their iniquity and remember their sin no more. (Jeremiah 31: 34)

The Petition

Peace be to the whole community, and love with faith, from God the Father and the Lord Jesus Christ. (Ephesians 6:23)

The Office of Night Watch

To be observed between 1:30 and 4:30 a.m.

The Call to Prayer

Oh, praise the Lord, all you servants of the Lord, you who serve at night in the house of the Lord. Lift up holy hands in prayer, and praise the Lord. May the Lord, who made heaven and earth, bless you from Jerusalem. (Psalm 134)

The Request for Presence

Praise is due to you, O God, in Zion; and to you shall vows be performed, O you who answer prayer! To you all flesh shall come. (Psalm 65:1-2)

The Refrain for the Night Watch

Lord Jesus, since you love me, now spread your wings above me and shield me from alarm. (ELW # 568)

The Prayer

O Lord, dispel my fear. End my anxiety, wipe worry from my mind. May I know the power of Your love and the wisdom of Your word. Grant me a peaceful sleep tonight and wake me in the morning to know your love. Amen.

The Thanksgiving

Nunc Dimittis

Now Lord, let your servant go in peace: your word has been fulfilled. My own eyes have seen the salvation which you have prepared in the sight of every people; a light to reveal you to the nations and the glory of your people Israel.

The Final Petition

Eternal God, the hours of both day and night are yours, and to you the darkness is no threat. Be present, we pray, with those who labor in these hours of night, especially those who watch and work on behalf of others. Grant them diligence in their watching, faithfulness in their service,

courage in danger, and competence in emergencies. Help them to meet the needs of others with confidence and compassion; through Jesus Christ our Lord. Amen.

The Office of Dawn

To be observed between 4:30 and 7:30 a.m.

The Call to Prayer

Sing to the Lord with thanksgiving; make melody to our God on the lyre. He covers the heavens with clouds, prepares rain for the earth, makes grass grow on the hills. (Psalm 147:7-8)

The Request for Presence

Lift up your heads, O gates! and be lifted up, O ancient doors! that the King of glory may come in. (Psalm 24: 7)

The Greeting

Glory be to the Father and to the Son and to the Holy Spirit. As it was in the beginning, is now, and ever shall be. World without end. Amen.

Morning Hymn

Morning has broken like the first morning; blackbird has spoken like the first bird. Praise for the singing! Praise for the morning! Praise for them springing fresh from the Word!

Sweet the rain's new fall, sunlit from heaven, like the first dew fall on the first grass. Praise for the sweetness of the wet garden, sprung in completeness where God's feet pass. (ELW # 556)

The Psalm

(Psalm 18:1-3)

I love you, O Lord, my strength. The Lord is my rock, my fortress, and my deliverer, my God, my rock in whom I take refuge, my shield, and the horn of my salvation, my stronghold. I will call upon the Lord, who is worthy to be praised, so I shall be saved from my enemies.

The Small Verse

Jesus said, "If you love me, you will keep my commandments. And I will ask the Father, and He will give you another Advocate, to be with you forever. This is the Spirit of truth, whom the world cannot receive, because it neither sees Him nor knows Him. You know Him, because He abides with you and He will be in you. (John 14: 15-17)

The Lord's Prayer

Our Father, who art in heaven; hallowed be thy name. Thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil, for thine is the kingdom and the power and the glory, forever and ever. Amen.

The Blessing

May the God of all grace, who has called you to glory, support you and make you strong. (ELW # 217)

The Morning Office

To be observed between 6 and 9 a.m.

The Call to Prayer

(Psalm 51: 15)

O Lord, open my lips. And my mouth shall proclaim your praise.

The Request for Presence

O Lord, in the morning you hear my voice; in the morning I plead my case to you, and watch. (Psalm 5:3)

The Greeting

(Psalm 92:5)

How great are your works, O Lord! Your thoughts are very deep!

The Refrain for the Morning Lesson

For this reason I bow my knees before the Father, from whom every family in heaven and on earth takes its name. (Ephesians 3:14)

A Reading

In those days Jesus came from Nazareth of Galilee and was baptized by John in the Jordan. And just as He was coming up out of the water, He saw the heavens torn apart and the Spirit descending like a dove on Him. And a voice came from heaven, "You are my Son, the Beloved; with you I am well pleased." (Mark 1:9-11)

The Refrain for the Morning Lesson

For this reason I bow my knees before the Father, from whom every family in heaven and on earth takes its name. (Ephesians 3:14)

The Morning Psalm

The Lord upholds all who are falling, and raises up all who are bowed down. The eyes of all look to you, and you give them their food in due season. You open your hand, satisfying the desire of every living thing. (Psalm 145: 14-15)

The Prayer of the Day

by Martin Luther

I thank You, my heavenly Father, through Jesus Christ, Your dear Son, that You have kept me this night from all harm and danger; and I pray that You would keep me this day also from sin and every evil, that all my doings and life may please You. For into Your hands I commend myself, my body and soul, and all things. Let Your holy angel be with me, that the evil foe may have no power over me. Amen

The Lord's Prayer

Our Father, who art in heaven; hallowed be thy name. Thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil, for thine is the kingdom and the power and the glory, forever and ever. Amen.

The Blessing

You then, my child, be strong in the grace that is in Christ Jesus, and what you have heard from me through many witnesses entrust to faithful people who will be able to teach others as well. (2 Timothy 2: 1-2)

The Midday Office

To be observed between 11 a.m. and 2 p.m.

A Call to Prayer

Therefore, since it is by God's mercy that we are engaged in this ministry, we do not lose heart. (2 Corinthians 4:1)

The Request for Presence

Then I acknowledged my sin to you, and I did not hide my iniquity; I said, "I will confess my transgressions to the Lord," and you forgave the guilt of my sin. (Psalm 32: 5)

The Greeting

(Psalm 71:5)

For you, O Lord, are my hope, my trust, O Lord, from my youth.

The Refrain for the Midday Lesson

The Lord will fulfill His purpose for me; your steadfast love, O Lord, endures forever. Do not forsake the work of your hands. (Psalm 138:8)

A Reading

(Daniel 6: 25-27)

Then King Darius wrote to all peoples and nations of every language throughout the whole world: "May you have abundant prosperity! I make a decree, that in all my royal dominion people should tremble and fear before the God of Daniel: For He is the living god, enduring forever. His kingdom shall never be destroyed, and His dominion has no end. He delivers and rescues, He works signs and wonders in heaven and on earth; for He has saved Daniel from the power of the lions."

The Refrain for the Midday Lesson

The Lord will fulfill His purpose for me; your steadfast love, O Lord, endures forever. Do not forsake the work of your hands. (Psalm 138:8)

The Midday Psalm

(Psalm 1:1-2)

Happy are those who do not follow the advice of the wicked or take the path that sinners tread, or sit in the seat of scoffers; but their delight is in the law of the Lord, and on His law they meditate day and night.

The Prayer of the Day

by Martin Luther

I thank You, my heavenly Father, through Jesus Christ, Your dear Son, that You have kept me this night from all harm and danger; and I pray that You would keep me this day also from sin and every evil, that all my doings and life may please You. For into Your hands I commend myself, my body and soul, and all things. Let Your holy angel be with me, that the evil foe may have no power over me. Amen

The Lord's Prayer

Our Father, who art in heaven; hallowed be thy name. Thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil, for thine is the kingdom and the power and the glory, forever and ever. Amen.

The Blessing

The one who testifies to these things says, "Surely I am coming soon!" Amen. Come, Lord Jesus! The grace of our Lord Jesus be with all the saints. Amen. (Revelation 22:21)

The Vespers Office

To be observed between 5 and 8 p.m.

The Call to Prayer

Bless our God, O peoples, let the sound of His praise be heard, who has kept us among the living, and has not let our feet slip. (Psalm 66:8)

The Request for Presence

I cry aloud to the Lord, and He answers me from His holy hill. (Psalm 3:4)

The Greeting

God has turned my mourning into dancing; He has taken off my sackcloth and clothed me with joy, so that my soul may praise Him and not be silent. O Lord my God, I will give thanks to you forever! (Psalm 30: 11-12)

The Hymn

ELW #754

Jesus the very thought of you fills us with sweet delight; but sweeter far your face to view and rest within your light.

No voice can sing, no heart can frame, nor can the mind recall a sweeter sound than your blest name, O Savior of us all!

O Hope of every contrite soul, O Joy of all the meek, how kind you are to those who fail! How good to those who seek!

O Jesus, be our joy today; help us to prize your love; grant us at last to hear you say, "Come, share my home above."

The Refrain for the Vespers Lesson

Therefore let all who are faithful offer prayer to you; at a time of distress, the rush of mighty waters shall not reach them. (Psalm 32:6)

The Vespers Lesson

On one occasion when Jesus was going to the house of a leader of the Pharisees to eat a meal on the Sabbath, they were watching Him closely.

Just then, in front of Him, there was a man who had dropsy. And Jesus asked the lawyers and Pharisees, “Is it lawful to cure people on the Sabbath or not?” But they were silent. So Jesus took him and healed him and sent him away. Then he said to them, “If one of you has a child or an ox that has fallen into a well, will you not immediately pull it out on a Sabbath day?” And they could not reply to this. (Luke 14: 1-6)

The Refrain for the Vespers Lesson

Therefore let all who are faithful offer prayer to you; at a time of distress, the rush of mighty waters shall not reach them. (Psalm 32:6)

The Prayer of the Day

by Martin Luther

I thank You, my heavenly Father, through Jesus Christ, Your dear Son, that You have kept me this night from all harm and danger; and I pray that You would keep me this day also from sin and every evil, that all my doings and life may please You. For into Your hands I commend myself, my body and soul, and all things. Let Your holy angel be with me, that the evil foe may have no power over me. Amen

The Lord's Prayer

Our Father, who art in heaven; hallowed be thy name. Thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil, for thine is the kingdom and the power and the glory, forever and ever. Amen.

The Concluding Prayer of the Church

ELW p. 318

We give thanks to you, heavenly Father, through Jesus Christ your dear Son, that you have graciously protected us today. We ask you to forgive us all our sins, where we have done wrong, and graciously to protect us tonight. For into your hands we commend ourselves: our bodies, our souls, and all that is ours. Let your holy angels be with us, so that the wicked foe may have no power over us. Amen.

The Office of Compline

To be observed before bedtime

The Call to Prayer

By day, O God, you grant your steadfast love, and at night your song is with me, a prayer to the God of my life. (ELW p. 320)

The Request for Presence

(Psalm 119:55-56)

I remember your name in the night, O Lord, and keep your law. This blessing has fallen to me, for I have kept your precepts.

The Confession

Have mercy on me, O God, according to your steadfast love; according to your abundant mercy blot out my transgressions. Wash me thoroughly from my iniquity, and cleans me from my sin. (Psalm 51:1-2)

The Forgiveness

(Colossians 1:11-14)

May you be made strong with all the strength that comes from His glorious power, and may you be prepared to endure everything with patience, while joyfully giving thanks to the Father, who has enabled you to share in the inheritance of the saints in light. He has rescued us from the power of darkness and transferred us into the kingdom of His beloved Son, in whom we have redemption, the forgiveness of sins.

The Readings

For I am not ashamed of the gospel; it is the power of God for salvation to everyone who has faith, to the Jew first and also to the Greek. For in it the righteousness of God is revealed through faith for faith; as it is written, "The one who is righteous will live by faith." (Romans 1:16-17)

Two are better than one, because they have a good reward for their toil. For if they fall, one will lift up the other; but woe to one who is alone and falls and does not have another to help. Again, if two lie together, they keep warm; but how can one keep warm alone? And though one might prevail against another, two will withstand one. A threefold cord is not quickly broken. (Ecclesiastes 4:9-12)

The Gloria

Glory to God in the highest and peace to God's people on earth.

The Petition

The day you gave us, Lord, has ended; the darkness falls at your behest.
To you our morning hymns ascended; your praise shall hallow now our
rest. (ELW #569)

The Final Blessing

Now in peace I will lie down and sleep; you alone, O God, make me
secure. (ELW p. 327)

