

Fixed Hour Prayer 2020

Saturday

The Office of Midnight To be observed between 10:30 p.m. and 1:30 a.m.

The Call to Prayer

May the song of your Spirit soothe us, your gentle arms cradle us, your tenderness ease our tiredness and your welcome enfold our weariness, this night and all our nights (AA)

The Request for Presence

Answer me, O Lord, for your steadfast love is good; according to your abundant mercy, turn to me. (Psalm 69:16)

The Greeting

Our Father, hallowed be your name.

The Psalm

Help me, O Lord my God! Save me according to your steadfast love. Let them know that this is your hand; you, O Lord, have done it. Let them curse, but you will bless. Let my assailants be put to shame; may your servant be glad. May my accusers be clothed with dishonor; may they be wrapped in their own shame as in a mantle. With my mouth I will give great thanks to the Lord; I will praise Him in the midst of the throng. For He stands at the right hand of the needy, to save them from those who would condemn them to death. (Psalm 109:26-31)

The Gloria

Glory to God in the highest and peace to God's people on earth.

The Small Verse

Jesus came out and went, as was His custom, to the Mount of Olives; and the disciples followed Him. When He reached the place, He said to them, "Pray that you may not come into the time of trial." Then He withdrew from them about a stone's throw, knelt down, and prayed, "Father, if you are willing, remove this cup from me; yet, not my will but yours be done." (Luke 21:39-42)

The Final Thanksgiving

As we work together with Him, we urge you also not to accept the grace of God in vain. For He says, "At an acceptable time I have listened to you, and on a day of salvation I have helped you. See, now is the acceptable time; see, now is the day of salvation." (2 Corinthians 6:1-3)

The Petition

Lord Jesus Christ, as daylight fades, as shine the lights of eventide, we praise the Father with the Son, the Spirit blest, and with them one. Amen. (ELW #562)

The Office of Night Watch

To be observed between 1:30 and 4:30 a.m.

The Call to Prayer

(Traditional)

As the night-watch looks for the morning, so do our eyes wait for you, O Christ. Come with the dawning of the day, and make yourself known in the breaking of bread, for you are the risen Lord forever and ever.

The Request for Presence

(Compline)

Look down, O Lord, from your heavenly throne; lighten the darkness of the night with your celestial brightness; and from the children of light banish the deeds of darkness; through Jesus Christ our Lord. Amen.

The Refrain for the Night Watch

Holy, holy, holy, my heart, my heart adores you. My heart is glad to say the words: You are holy, God. (ELW #473)

The Prayer

(Compline)

Visit, Lord, we pray, this place, and drive far from it the snares of the enemy. Let your holy angels dwell here to keep us in peace, and may your blessing be upon us evermore; through Jesus Christ our Lord. Amen.

The Thanksgiving

Nunc Dimittis

Now, Lord, let your servant go in peace; your word has been fulfilled. My own eyes have seen the salvation which you have prepared in the sight of every people; a light to reveal you to the nations and the glory of your people Israel.

The Final Petition

(Thomas Ken)

Glory to thee, my God this night, for all the blessings of the light; Keep me, O keep me, King of kings, beneath thine own almighty wings.

The Office of Dawn

To be observed between 4:30 and 7:30 a.m.

The Call to Prayer

Come into my soul, Lord, as the dawn breaks into the sky; let your sun rise in my heart at the coming of the day. (*Traditional*)

The Request for Presence

O Lord, in the morning you hear my voice; in the morning I make my offering and keep watch. (Psalm 5:3)

The Greeting

Gloria Patri

Glory be to the Father and to the Son, and to the Holy Spirit. As it was in the beginning, is now and ever shall be. World without end. Amen.

Morning Hymn

ELW #638

Blessed assurance, Jesus is mine! Oh, what a foretaste of glory divine! Heir of salvation, purchase of God, born of His Spirit, washed in His blood. This is my story, this is my song, praising my Savior all the day long. This is my story, this is my song, praising my Savior all the day long.

Perfect submission, perfect delight, visions of rapture now burst on my sight; angels descending bring from above echoes of mercy, whispers of love. This is my story, this is my song, praising my Savior all the day long. This is my story, this is my song, praising my Savior all the day long.

The Psalm

(Psalm 1:1-3)

Happy are those who do not follow the advice of the wicked, or take the path that sinners tread, or sit in the seat of scoffers; but their delight is in the law of the Lord, and on His law they meditate day and night. They are like trees planted by streams of water, which yield their fruit in its season, and their leaves do not wither. In all that they do, they prosper.

The Small Verse

(Philippians 2:12-15)

Therefore, my beloved, just as you have always obeyed me, not only in my presence, but much more now in my absence, work out your own salvation with fear and trembling; for it is God who is at work in you, enabling you both to will and to work for His good pleasure. Do all things without murmuring and arguing, so that you may be blameless and innocent, children of God without blemish in the midst of a crooked and perverse generation, in which you shine like stars in the world.

The Lord's Prayer

Our Father, who art in heaven; hallowed be thy name. Thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil, for thine is the kingdom and the power and the glory, forever and ever. Amen.

The Blessing

This day, Lord, may I dream your dreams; this day, Lord, may I reflect your love; this day, Lord, may I do your work; this day, Lord, may I taste your peace. (AA)



The Morning Office

To be observed between 6 and 9 a.m.

The Call to Prayer

(Psalm 51:15)

O Lord, open my lips. And my mouth shall proclaim your praise

The Request for Presence

John L. Bell

Lord, set your blessing on us as we begin this day together. Confirm in us the truth by which we rightly live; confront us with the truth from which we wrongly turn, as we offer this day and ourselves for you and to you.

The Greeting

(Psalm 24:1-2)

The earth is the Lord's and all that is in it, the world, and those who live in it; for He has founded it on the seas, and established it on the rivers.

The Refrain for the Morning Lesson

In everything do to others as you would have them do to you; for this is the law and the prophets. (Matthew 7:12)

A Reading

When Jesus came to Nazareth, where He had been brought up, He went to the synagogue on the Sabbath day, as was His custom. He stood up to read, and the scroll of the prophet Isaiah was given to Him. He unrolled the scroll and found the place where it was written: "The Spirit of the Lord is upon me, because He has anointed me to bring good news to the poor. He has sent me to proclaim release to the captives and recovery of sight to the blind, to let the oppressed go free, to proclaim the year of the Lord's favor." And He rolled up the scroll, gave it back to the attendant and sat down. Their eyes of all in the synagogue were fixed on Him. Then He began to say to them, "Today this scripture has been fulfilled in your hearing." (Luke 4:16-21)

The Refrain for the Morning Lesson

In everything do to others as you would have them do to you; for this is the law and the prophets. (Matthew 7:12)

The Morning Psalm

(Psalm 65:1-5)

Praise is due to you, O God, in Zion; and to you shall vows be performed, O you who answer prayer! To you all flesh shall come. When deeds of iniquity overwhelm us, you forgive our transgressions. Happy are those whom you choose and bring near to live in your courts. We shall be

satisfied with the goodness of your house, your holy temple. By awesome deeds you answer us with deliverance; O God of our salvation; you are the hope of all the ends of the earth and of the farthest seas.

The Prayer of the Day

St. Patrick

I rise today through God's mighty strength, His power to uphold me, His wisdom to guide me, and His hand to guard me. I rise today, through Christ's mighty strength, through His death and resurrection, through the Spirit's empowering, through the presence of angels, and the love of the saints, through the threefold Trinity to protect me from evil. Amen.

The Lord's Prayer

Our Father, who art in heaven; hallowed be thy name. Thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil, for thine is the kingdom and the power and the glory, forever and ever. Amen.

The Blessing

Let me now go forth, O Lord my God, to the work of another day, still surrounded by thy wonderful loving kindnesses, still pledged to thy loyal service, still standing in thy strength and not my own. (*John Baillie*)

The Midday Office

To be observed between 11 a.m. and 2 p.m.

The Call to Prayer

Praise the Lord! Praise the Lord, O my soul! I will praise the Lord as long as I live; I will sing praises to God all my life long. (Psalm 146:1-2)

The Request for Presence

(Psalm 80:1-2)

Give ear, O Shepherd of Israel, you who lead Joseph like a flock! You who are enthroned upon the cherubim, shine forth before Ephraim and Benjamin and Manasseh. Stir up your might and come to save us!

The Greeting

I give thanks to my God always for you because of the grace of God that has been given you in Christ Jesus, for in every way you have been enriched in Him, in speech and knowledge of every kind, just as the testimony of Christ has been strengthened among you so that you are not

lacking in any spiritual gift as you wait for the revealing of our Lord Jesus Christ. (1 Corinthians 1:4-7)

The Refrain for the Midday Lesson

(Ephesians 6:13)

Therefore take up the whole armor of God, so that you may be able to withstand on that evil day, and having done everything, to stand firm.

A Reading

They came to Jericho. As He and His disciples and a large crowd were leaving Jericho, Bartimaeus, son of Timaeus, a blind beggar was sitting by the roadside. When He heard that it was Jesus of Nazareth, he began to shout out and say, "Jesus, Son of David, have mercy on me!" Many sternly ordered him to be quiet, but he cried out even more loudly, "Son of David, have mercy on me!" Jesus stood still and said, "Call him here." And they called to the blind man, saying to him, "Take heart; get up, He is calling you." So throwing off his cloak, he sprang up and came to Jesus. Then Jesus said to him, "What do you want me to do for you?" the blind man said to Him, "My teacher, I want to see again." Jesus said to him, "Go, your faith has made you well." Immediately he regained his sight and followed Him on the way. (Mark 10:46-52)

The Refrain for the Midday Lesson

(Ephesians 6:13)

Therefore take up the whole armor of God, so that you may be able to withstand on that evil day, and having done everything, to stand firm.

The Midday Psalm

There is none like you among the gods, O Lord, nor are there any works like yours. All the nations you have made shall come and bow down before you, O Lord, and shall glorify your name. For you are great and do wondrous things; you alone are God. Teach me your way, O Lord, that I may walk in your truth; give me an undivided heart to revere your name. I will give thanks to you, O Lord my God, with my whole heart, and I will glorify your name forever. (Psalm 86:8-12)

The Prayer of the Day

St. Patrick

I rise today through God's mighty strength, His power to uphold me, His wisdom to guide me, and His hand to guard me. I rise today, through Christ's mighty strength, through His death and resurrection, through the Spirit's empowering, through the presence of angels, and the love of the saints, through the threefold Trinity to protect me from evil. Amen.

The Lord's Prayer

Our Father, who art in heaven; hallowed be thy name. Thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil, for thine is the kingdom and the power and the glory, forever and ever. Amen.

The Blessing

Ruth Burgess

Bless to us, O God, the road that is before us; bless to us, O God, the friends who are around us; bless to us, O God, your love which is within us. Bless to us, O God, the light that leads us home.

The Vespers Office

To be observed between 5 and 8 p.m.

The Call to Prayer

Praise the Lord! Praise the name of the Lord; give praise, O servants of the Lord, you that stand in the house of the Lord, in the courts of the house of our God. Praise the Lord, for the Lord is good; sing to His name, for He is gracious. (Psalm 135:1-3)

The Request for Presence

Answer me when I call, O God who declares me innocent. Free me from my troubles. Have mercy on me and hear my prayer. (Psalm 4:1)

The Greeting

Jesus said, "I am the light of the world. Whoever follows me will never walk in darkness." (ELW p. 314)

The Hymn

ELW #618

Guide me ever, great Redeemer, pilgrim through this barren land. I am weak, but you are mighty; hold me with your powerful hand. Bread of heaven, bread of heaven, feed me now and evermore, feed me now and evermore.

Open now the crystal fountain where the healing waters flow; let the fire and cloudy pillar lead me all my journey through. Strong deliverer, strong deliverer, shield with your mighty arm, shield me with your mighty arm.

The Refrain for the Vespers Lesson

Blessed be God, because He has not rejected my prayer or removed His steadfast love from me. (Psalm 66:20)

The Vespers Lesson

“I am the true vine, and my Father is the winegrower. He removes every branch in me that bears no fruit. Every branch that bears fruit He prunes to make it bear more fruit. You have already been cleansed by the word that I have spoken to you. Abide in me as I abide in you. Just as the branch cannot bear fruit by itself unless it abides in the vine, neither can you unless you abide in me. I am the vine, you are the branches. Those who abide in me and I in them bear much fruit, because apart from me you can do nothing.” (John 15:1-5)

The Refrain for the Vespers Lesson

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The Prayer of the Day

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The Concluding Prayer of the Church

by Ruth Burgess

Blessing and laughter and loving be yours. The love of a Great God who names you and holds you while the earth turns and the flowers grow, this day, this night, this moment, and forever.

The Office of Compline

To be observed before bedtime

The Call to Prayer

Happy are the people who know the festal shout, who walk, O Lord, in the light of your countenance. (Psalm 89:15)

The Request for Presence

As our evening prayer rises before you, O God, so may your mercy come down upon us to cleanse our hearts and set us free to sing your praise, now and forever. (*Celebrating Common Prayer*)

The Confession

How could I ever imagine that I would cope without praying? How could I keep going unless I knew that I could return my heart to you and soak my darkness in your light? Pour your mercy into my madness and your Spirit into my will, and make me know in my heart as well as my head that only in you am I found, forgiven, and free. (AA)

The Forgiveness

Almighty and merciful God grant you healing, pardon, and forgiveness of all your sins. Amen.

The Reading

(Zephaniah 3:14-18)

Sing aloud, O daughter Zion; shout, O Israel! Rejoice and exult with all your heart, O daughter Jerusalem! the Lord has taken away the judgments against you, He has turned away your enemies. The king of Israel, the Lord, is in your midst; you shall fear disaster no more. On that day it shall be said to Jerusalem; Do not fear, O Zion; do not let your hands grow weak. The Lord, your God, is in your midst, a warrior who gives victory; He will rejoice over you with gladness, He will renew you in His love; He will exult over you with loud singing as on a day of festival. I will remove disaster from you, so that you will not bear reproach for it.

The Gloria

Glory to God in the highest and peace to God's people on earth.

The Small Verse

Listen, I will tell you a mystery! We will not all die, but we will all be changed, in a moment, in the twinkling of an eye, at the last trumpet. For

the trumpet will sound, and the dead will be raised imperishable, and we will be changed. (1 Corinthians 15:51-52)

The Gloria

Glory to God in the highest and peace to God's people on earth.

The Petition

W. Mary Calvert

You are the healer of my soul, shield me from shame and sin. Keep me at noon, keep me at nightfall. You are my hope and shield, in my tiredness, in my stumbling. Be you my rest tonight.

The Final Blessing

Keep watch, dear Lord, with those who work or watch or weep this night, and give your angels charge over those who sleep. Tend the sick, give rest to the weary, bless the dying, soothe the suffering, comfort the afflicted, shield the joyous; and all for your love's sake. Amen.