

Fixed Hour Prayer 2020

Monday

The Office of Midnight To be observed between 10:30 p.m. to 1:30 a.m.

The Call to Prayer

Worship the Lord in all His holy splendor. Let all the earth tremble before Him. (Psalm 98:9)

The Request for Presence

Hear my prayer, O Lord; listen to my plea! Answer me because you are faithful and righteous. (Psalm 143: 1)

The Greeting

Our Father, may your kingdom come on earth as it is in heaven.

The Psalm

Psalm 127: 1-3

Unless the Lord builds the house, those who build it labor in vain. Unless the Lord guards the city, the guard keeps watch in vain. It is in vain that you rise up early and go late to rest, eating the bread of anxious toil; for He gives sleep to his beloved.

The Gloria

Glory to God in the highest and peace to God's people on earth.

The Small Verse

A voice says, "Cry out!" And I said, "What shall I cry? All people are grass, their constancy is like the flower of the field. The grass withers, the flower fades, when the breath of the Lord blows upon it; surely the people are grass. The grass withers, the flower fades; but the word of our God will stand forever. (Isaiah 40: 6-8)

The Final Thanksgiving

And this same God who takes care of me will supply all your needs from His glorious riches, which have been given to us in Christ Jesus. Now all glory to God our Father forever and ever. Amen! (Philippians 4: 19-20)

The Petition

May the Lord God, Father of grace and mercy, grant all who dwell here a peaceful night and a perfect end. Amen.

The Office of Night Watch

To be observed between 1:30 and 4:30 a.m.

The Call to Prayer

Oh, praise the Lord, all you servants of the Lord, you who serve at night in the house of the Lord. Lift up holy hands in prayer, and praise the Lord. May the Lord, who made heaven and earth, bless you from Jerusalem. (Psalm 134)

The Request for Presence

O Lord, God of my salvation, I cry out to you by day. I come to you at night. Now hear my prayer; listen to my cry. (Psalm 88: 1-2)

The Refrain for the Night Watch

Come and fill our hearts with your peace. You alone, O Lord, are holy. Come and fill our hearts with your peace. (ELW #528)

The Prayer

Visit this place, O Lord, and drive far from it all snares of the enemy; let your holy angels dwell with us to preserve us in peace; and let your blessing be upon us always; through Jesus Christ our Lord. Amen.

The Thanksgiving

Nunc Dimittis

Now Lord, let your servant go in peace: your word has been fulfilled. My own eyes have seen the salvation which you have prepared in the sight of every people; a light to reveal you to the nations and the glory of your people Israel.

The Final Petition

Keep watch, dear Lord, with those who work or watch or weep this night, and give your angels charge over those who sleep. Tend the sick, give rest to the weary, bless the dying, soothe the suffering, comfort the afflicted, shield the joyous, and all for your love's sake. Amen.

The Office of Dawn

To be observed between 4:30 a.m. and 7:30 a.m.

The Call to Prayer

(Psalm 146: 1-2)

Praise the Lord! Let all that I am praise the Lord. I will praise the Lord as long as I live. I will sing praises to my God with my dying breath.

The Request for Presence

Let all who take refuge in you rejoice; let them sing joyful praises forever. Spread your protection over them, that all who love your name may be filled with joy. (Psalm 5:11)

The Greeting

Glory be to the Father and to the Son and to the Holy Spirit. As it was in the beginning, is now, and ever shall be. World without end. Amen.

Morning Hymn

ELW # 820

O Savior, precious Savior, whom yet unseen we love; O name of might and favor, all other names above; we worship thee; we bless thee; to thee alone we sing; we praise thee and confess thee; our holy Lord and King.

O bringer of salvation, who wondrously hast wrought, thyself the revelation of love beyond our thought; we worship thee; we bless thee; to thee alone we sing; we praise thee and confess thee, our gracious Lord and King.

The Psalm

God is our refuge and strength, a very present help in trouble. Therefore we will not fear, though the earth should change, though the mountains shake in the heart of the sea; though its waters roar and foam, though the mountains tremble with its tumult. (Psalm 46: 1-3)

The Small Verse

Ephesians 1: 16-19

I do not cease to give thanks for you as I remember you in my prayers. I pray that the God of our Lord Jesus Christ, the Father of glory, may give you a spirit of wisdom and revelation as you come to know him, so that, with the eyes of your heart enlightened, you may know what is the hope to which he has called you, what are the riches of his glorious inheritance among the saints, and what is the immeasurable greatness of his power for us who believe, according to the working of his great power.

The Lord's Prayer

Our Father, who art in heaven; hallowed be thy name. Thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil, for thine is the kingdom and the power and the glory, forever and ever. Amen.

The Blessing

Dear brothers and sisters, may the grace of our Lord Jesus Christ be with your spirit. Amen. (Galatians 6:18)

The Morning Office

To be observed between 6 and 9 a.m.

The Call to Prayer

Psalm 51:15

O Lord, open my lips. And my mouth shall proclaim your praise

The Request for Presence

Let all that I am praise the Lord; with my whole heart, I will praise his holy name. Let all that I am praise the Lord; may I never forget the good things he does for me. (Psalm 103:1-2)

The Greeting

Because of Christ and our faith in Him, we can now come boldly and confidently into God's presence. (Ephesians 3: 12)

The Refrain for the Morning Lesson

O Lord, how majestic is your name in all the earth! (Psalm 8:9)

A Reading

Jesus spoke to the people once more and said, "I am the light of the world. If you follow me, you won't have to walk in darkness, because you will have the light that leads to life." (John 8:12)

The Refrain for the Morning Lesson

O Lord, how majestic is your name in all the earth! (Psalm 8:9)

The Morning Psalm

Psalm 107: 1-9

O give thanks to the Lord, for he is good; for his steadfast love endures forever. Let the redeemed of the Lord say so, those he redeemed from

trouble and gathered in from the lands, from the east and from the west, from the north and from the south. Some wandered in desert wastes, finding no way to an inhabited town; hungry and thirsty, their soul fainted within them. Then they cried to the Lord in their trouble, and he delivered them from their distress; he led them by a straight way, until they reached an inhabited town. Let them thank the Lord for his steadfast love, for his wonderful works to humankind. For He satisfies the thirsty, and the hungry He fills with good things.

The Gloria

Glory be to the Father and to the Son and to the Holy Spirit. As it was in the beginning, is now, and ever shall be. World without end. Amen.

The Lord's Prayer

Our Father, who art in heaven; hallowed be thy name. Thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil, for thine is the kingdom and the power and the glory, forever and ever. Amen.

The Prayer of the Day

A Prayer of Augustine of Hippo

O loving God, to turn away from you is to fall, to turn toward you is to rise, and to stand before you is to abide forever. Grant us, dear God, in all our duties your help; in all our uncertainties your guidance; in all our dangers your protection; and in all our sorrows your peace; through Jesus Christ our Lord. Amen.

Concluding Prayer

Almighty God, by our baptism into the death and resurrection of your Son, Jesus Christ, you turn us from the old life of sin. Grant that we who are reborn to new life in Him may live in righteousness and holiness all our days, through your Son, Jesus Christ our Lord. Amen.

The Midday Office

To be observed between 11 a.m. and 2 p.m.

The Call to Prayer

My heart is confident in you, O God; no wonder I can sing your praises with all my heart! (Psalm 108:1)

The Request for Presence

Psalm 119:41

Lord, give me your unfailing love, the salvation that you promised me.

The Greeting

Come and see what our God has done, what awesome miracles He performs for people. (Psalm 66:5)

The Refrain for the Midday Lesson

I will sing of the Lord's unfailing love forever! Young and old will hear of your faithfulness. (Psalm 89:1)

A Reading

Proverb 3:1-6

My child, do not forget my teaching, but let your heart keep my commandments; for length of days and years of life and abundant welfare they will give you. Do not let loyalty and faithfulness forsake you; bind them around your neck, write them on the tablet of your heart. So you will find favor and good repute in the sight of God and of people. Trust in the Lord with all your heart, and do not rely on your own insight. In all your ways acknowledge him, and he will make straight your paths.

The Refrain for the Midday Lesson

I will sing of the Lord's unfailing love forever! Young and old will hear of your faithfulness. (Psalm 89:1)

The Prayer of the Day

A Prayer of Augustine of Hippo

O loving God, to turn away from you is to fall, to turn toward you is to rise, and to stand before you is to abide forever. Grant us, dear God, in all our duties your help; in all our uncertainties your guidance; in all our dangers your protection; and in all our sorrows your peace; through Jesus Christ our Lord. Amen.

The Lord's Prayer

Our Father, who art in heaven; hallowed be thy name. Thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily and

forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil, for thine is the kingdom and the power and the glory, forever and ever. Amen.

Concluding Prayer of the Church

St. Francis of Assisi

Let us bless the Lord God living and true! Let us always render Him praise, glory, honor, blessing, and all good things. Amen. Amen. Let it be so.

The Vespers Office

To be observed between 5 p.m. and 8 p.m.

The Call to Prayer

My child, listen to what I say, and treasure my commands. Tune your ears to wisdom, and concentrate on understanding. (Proverbs 2: 1-2)

The Request for Presence

Hear my prayer, O Lord; listen to my plea! Answer me because you are faithful and righteous. (Psalm 143:1)

The Greeting

How amazing are the deeds of the Lord! All who delight in Him should ponder them. Everything He does reveals His glory and majesty—His righteousness never fails. (Psalm 111: 2-3)

The Hymn

ELW# 453

We are people created, chosen by God. Then we're washed every gently, in mercy and love. Sin has power no more, Jesus opened the door to a fountain bringing healing, and wholeness and more.

We are fed and we're nourished, filled and refreshed. Then our hunger returns and again we are blessed. For whatever the need, God is greater indeed: endless ocean, always deeper than all of our need.

The Refrain for the Vespers Lesson

O my people, listen to my instructions. Open your ears to what I am saying, for I will speak to you in a parable. I will teach you hidden lessons from our past. (Psalm 78: 1-2)

The Vespers Lesson

Here is another illustration Jesus used: “The Kingdom of Heaven is like a mustard seed planted in a field. It is the smallest of all seeds, but it becomes the largest of garden plants; it grows into a tree, and birds come and make nests in its branches.” (Matthew 13: 31-32)

The Refrain for the Vespers Lesson

O my people, listen to my instructions. Open your ears to what I am saying, for I will speak to you in a parable. I will teach you hidden lessons from our past. (Psalm 78: 1-2)

The Prayer of the Day

A Prayer of Augustine of Hippo

O loving God, to turn away from you is to fall, to turn toward you is to rise, and to stand before you is to abide forever. Grant us, dear God, in all our duties your help; in all our uncertainties your guidance; in all our dangers your protection; and in all our sorrows your peace; through Jesus Christ our Lord. Amen.

The Lord's Prayer

Our Father, who art in heaven; hallowed be thy name. Thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil, for thine is the kingdom and the power and the glory, forever and ever. Amen.

Concluding Prayer of the Church

As for me, may I never boast about anything except the cross of our Lord Jesus Christ. Because of that cross, my interest in this world has been crucified, and the world's interest in my life has also died. It doesn't matter whether we have been circumcised or not. What counts is whether we have been transformed into a new creation. (Galatians 6: 14-15)

The Office of Compline

To be observed before bedtime

The Call to Prayer

To you, before the close of day, Creator of the world, we pray. Your grace and peace to us allow and be our guard and keeper now. (ELW # 567)

The Request for Presence

Save me, O God, by your name, and vindicate me by your might. Hear my prayer, O God; give ear to the words of my mouth. (Psalm 54:1-20)

The Confession

God of all mercy and consolation, come to the help of your people, turning us from our sin to live for you alone. Give us the power of your Holy Spirit that we may confess our sin, receive your forgiveness, and grow into the fullness of Jesus Christ our Savior and Lord. Amen.

The Forgiveness

God, who is rich in mercy, loved us even when we were dead in sin, and made us alive together in Christ. By grace you have been saved. In the name of Jesus Christ your sins are forgiven. Amen.

The Reading

When Israel was a child, I loved him, and out of Egypt I called my son. The more I called them, the more they went from me; they kept sacrificing to the Baals, and offering incense to idols. Yet it was I who taught Ephraim to walk, I took them up in my arms; but they did not know that I healed them. I led them with cords of human kindness, with bands of love. I was to them like those who lift infants to their cheeks. I bent down to them and fed them. (Hosea 11: 1-4)

The Gloria

Glory to God in the highest and peace to God's people on earth.

The Small Verse

Do not fear, for I am with you, do not be afraid, for I am your God; I will strengthen you, I will help you, I will uphold you with my victorious right hand. (Isaiah 40:10)

The Lord's Prayer

Our Father, who art in heaven; hallowed be thy name. Thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil, for thine is the kingdom and the power and the glory, forever and ever. Amen.

The Petition

O Lord, support us all the day long of this troubled life, until the shadows lengthen and the evening comes and the busy world is hushed, the fever of life is over and our work is done. Then, in your mercy, grant us a safe lodging, and a holy rest, and peace at the last, through Jesus Christ our Lord. Amen. (ELW p. 325)

The Final Thanksgiving

Now in peace I will lie down and sleep; you alone, O God, make me secure. (ELW p. 327)

